



YMCA CAMP INGERSOLL 2022

**FRIENDS
MEMORIES
ADVENTURE**



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CAMPINGERSOLL.ORG



WELCOME TO OUR YMCA CAMP INGERSOLL FAMILY!

Through the years, camp has held different meanings for me. It has been a teacher, a mentor, a place to get away, and a place to get involved. As a 16 year old, I never expected a lifeguard position to change my life. I did not apply for a summer job to meet lifelong friends, to develop my leadership skills, nor to grow my confidence in order to travel the world teaching. I did not predict that after 22 years, I would be entering my eighth summer as the director at Ingersoll. I certainly did not imagine meeting my future wife at camp nor planning an Ingersoll wedding as a curly headed, friendship bracelet / anklet / necklace-wearing boy at his first job. As I begin a new chapter of my life I understand that my experiences here have not always been simply what I've wanted, but also exactly what I've needed.

Your campers will get what they want: fun, friends, and adventures as they learn what they need. When your campers arrive at Ingersoll, they will meet counselors who have the biggest smiles on their faces, they will share their names and interests while playing tag games. Meeting friends in a new school won't be so daunting after successfully experiencing introductions and new connections every day during the summer. They will take deep breaths to transition from exciting swimming lessons to Art & Crafts. They will need those deep breaths as they prepare for that stressful test next year. A change of plans while out on errands won't feel catastrophic after experiencing camp days that continually adjust to special events, varied weather, and camper interests. Your campers will grow at Ingersoll just as I have.

Growth is exciting. I wasn't sure where it would take me, but traveling around the world, leading a premier YMCA Day Camp, and starting a new family has been an incredible start. We cannot wait for your camper's adventure to start at YMCA Camp Ingersoll this summer. We thank you for placing your trust in us and we look forward to growing with our Camp Family in 2022.

Ben Silliman, Camp Director

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INGERSOLL ESSENTIALS

PRIORITY REGISTRATION:

Begins Monday, January 24 (returning families only)

GENERAL REGISTRATION:

Begins Monday, February 7

OPEN HOUSE DATES:

Saturday, May 7, 2-4 PM

Saturday, June 4, 2-4 PM

FAMILY NIGHTS:

Thursday, June 23 • Thursday, July 7

Thursday, July 21 • Thursday, August 11

See page 15 for additional information.

SESSION DATES:

PREVIEW WEEK: June 13-June 17

THEME: Swinter: Summer and Winter Holidays Combined

SESSION 1: June 20-July 1

THEME: Campers of the Caribbean: Ingersoll on the High Seas

SESSION 2: July 5-July 15 (No Camp July 4)

THEME: Blast from the Past: Ingersoll Through the Decades

SESSION 3: July 18-July 29

THEME: Into the Ingerverse: Heroes, Villains and More

SESSION 4: August 1-August 12

THEME: Age of Ingersoll: Knights, Wizards, Kings and Queens

FINALE WEEK: August 15-August 19

THEME: Mud, Bugs and Tractors: Explore the Outdoors at Camp

F.L.A.S.H. Camp

(Fun Learning Adventure Skills Half Session Camp)

FLASH Camp is for Traditional Camps and will be Coed

June 20-June 24 / August 1-August 5



REGISTRATION ESSENTIALS

WHAT YOU WILL FIND: This brochure highlights the unique opportunities available at Camp Ingersoll. You will find information about camp programs, bussing, extended day options, and our initiatives to promote the growth of our campers by demonstrating values, learning skills and making friends!

COVID-19 AND CAMP: After running camp for two summers while adjusting for Covid-19, we have learned a lot. We will be following guidelines and recommendations by the Office of Early Childhood, our local health district, and consulting doctors. Lots can change between now and then and we will adjust accordingly. Whatever the situation, our campers will be as safe as possible while having fun, learning skills, and making memories that last a lifetime!

HOW TO REGISTER: A life changing camp experience is just a click away! Visit CampIngersoll.org to register online, print out a paper registration packet, or learn more information about camp. You can also call the camp office at 860-342-2267. Please be sure to read all the instructions carefully.

OUTDOOR CENTER – A record number of families became Outdoor Center Members in 2021! We will continue to offer our Outdoor Center discount to camp families in 2022. Purchase an Outdoor Center (OC) Membership at the discounted rate of \$125 during camp

registration and we will waive the \$20 Summer Membership Fee (A \$220 offer)! The OC membership includes year round access to camp facilities (when camp is not in session), swimming when the waterfront is open (Weekends from Memorial to Labor Day from 10-6 p.m. and Wednesdays and Fridays from June 22 to August 17, 6-8 p.m.), and a **50% discount on birthday parties at Ingersoll.**

THEMES – Every session follows the themes listed above. These themes influence special activities, i.e.: scavenger hunts, Wacky Wednesday dress up days, special crafts, and activities. Every family receives a Theme Calendar and other important information at least a week prior to the start of the session.

F.L.A.S.H. CAMP– Friends Learning Adventure Skills Half Session Camp is a coed, one-week, program designed specifically for families who may be away for the second half of session 1 or 4. This option is available for traditional camp. Campers must be registered for The **F.L.A.S.H. Camp** session, this is not a split session.

BUSSING – We are excited to announce we are running eight buses this summer. There will be a \$25 fee per camper per session. Financial Assistance is available for qualifying families. Please be sure to read our bus policy on page 10 to understand all our expectations while riding the bus.



FUN AND FAMILY: We Grow Together!

This summer, we will continue to offer increased social emotional support and learning opportunities to our staff and campers. With the addition of a new leadership position, our Behavioral Support Coordinator, Camp Ingersoll effectively supported a wide range of camper needs last summer. This position delivers targeted training to provide the tools necessary for staff to positively impact their camper's lives. In turn, we promote the growth and development of all campers by using our 77-acre outdoor center, and intentional programming to create an inclusive camp community designed to celebrate, challenge, teach, and connect our campers to their diverse Camp Family. We will ensure our campers learn, laugh, love, and stay safe by:

- ◎ Certifying staff in CPR and First Aid
- ◎ Selecting staff who live by values and excel as members on a team
- ◎ Maintaining small groups with consistent leadership and support
- ◎ Teaching skills, making friends, and creating memories
- ◎ Building confidence and self-respect by supporting camper interests and initiatives
- ◎ Exposure and interaction with diverse people, cultures, experiences, and conflict resolution
- ◎ Practicing conservation and healthy habits in a natural environment
- ◎ Preparing campers to be problem solvers, critical thinkers, and leaders

WHAT WE DO AT CAMP

Intentional connections create the foundation of the Ingersoll Experience. Our staff recognize and celebrate camper accomplishments, values, and personal development through our value bead system, Camper Hero of the Day, individual group initiatives, and more. Campers connect with friends and trust others as they make the daily Inger-Pledge to do their best in every way, accept challenges big and small and pledge their hearts to camp Ingersoll! Groups spend all two weeks, 8 periods a day, together in order to create personal connections and lasting relationships. Our camp day begins with music and excited greetings as campers arrive to sit with their groups, share parent notes, hand in their lunch boxes, and engage in activities. At 9:10 am, all campers head to the amphitheater to start their day with the Pledge of Allegiance, the Inger-Pledge, and daily announcements. A daily schedule has...

- **TWO SWIM PERIODS (only one for most specialty camps):** Traditional camps take swim lessons every morning and participate in free swim every afternoon. Specialty Camps have one free swim period a day. Campers are encouraged to participate in swim lessons. Those opting out go to a designated area with equipment and games.
- **ONE SPECIALTY AREA:** Ropes, Nature, Archery, Boating, A&C. Campers will participate in a different Specialty Area every day.
- **LITERACY:** Counselors read or lead literacy activities for at least 30 minutes every day.
- **LUNCH:** Locations vary from tables to towels, the beach to the woods. The week ends with Campfire Fridays.
- **COUNSELOR PLANNED ACTIVITIES:** active games, circle games, arts and nature based activities, etc. . .

SAMPLE SCHEDULE:

GREETING 9:00-9:30	Attendance, Name Games, Camper Engagement, Announcements and Skits at the Amphitheater
PERIOD 1 9:30-10:15	Emergency Procedures Name Games, Value Contracts (Responsibility, Pavilion)
PERIOD 2 10:15-11:00	Ice Breakers: Trading Places, Elbow Tag (Honesty, Corbin Beach)
PERIOD 3 11:00-11:45	Swim Testing (First Day) Swim Lessons (Waterfront)
PERIOD 4 11:45-12:30	Lunch (Upper Sports)
PERIOD 5 12:30-1:15	Capture the Flag (Respect, Upper Sports)
PERIOD 6 1:15-2:00	Picking a Book, Reading Time, Choose Group Name (Respect, Picnic Grove)
PERIOD 7 2:00-2:45	Ropes: Rules, Teambuilding, Low Ropes (Communication, Ropes)
PERIOD 8 2:45-3:30	Basketball and Hockey (Courts)
DISMISSAL 3:30-4:00	Review Bus # and Pick Up (Amphitheater/Fields)

UNITS:

WEE WONDERS (4-5 YEARS • 1:6 RATIO)

A fun day of exciting (active games) and stimulating (crafts, reading, etc.) activities focused on learning how to make friends and interact with peers

KIDDY CAMP (ENTERING 1ST GRADE • 1:8 RATIO)

Specialty areas give campers more freedom and independence while counselor planned activities continue to strengthen social development.

YOUNGERS (ENTERING GRADES 2 TO 3 • 1:12 RATIO)

Activities teach campers how to work together while specialty areas offer more advanced challenges for the young adventurer.

MIDDLES (ENTERING GRADES 4 TO 5 • 1:12 RATIO)

Transition between introductory activities to more challenging skills, concepts, and even modified skill clinics.

CIO 1 (ENTERING GRADES 6 TO 7 • 1:12 RATIO)

Counselors plan week long skill clinics based on camper interest. Depending on COVID-19 policies, campers sign up as individuals or plan activities as a group.

CIO 2 (ENTERING GRADES 8 TO 9 • 1:12 RATIO)

Depending on Covid-19 policies, campers sign up as individuals or plan activities as a group. Skill clinics place greater emphasis on team building, problem solving, and leadership development.

CIT (AGES 14 TO 15)

Counselor-in-Training (CIT) prepares our oldest campers to have fun working at camp, or in any professional setting, while gaining practical experience working with counselors and campers. CITs are interested in supporting counselors while learning facilitation and behavior management essentials from the CIT Director.

TIERED PRICING

Families have differing abilities to pay for camp. Our mission is to make camp accessible for all families. One step to making this possible is using a tiered-based pricing system. Please choose the tier that is most suitable for your family. All children will have the same experience no matter which tier a family selects. Tier selections are confidential and can be entered in the discount box while registering online.

MY TIME — My Time funding is provided to campers who have an immediate family member diagnosed with cancer. Families can focus on their well-being without the added stress of not knowing what to do during the summer.

TIER A — Based on the True Cost of campers participating in the selected programs. It includes direct expenses, field trips, partial busing, and more. If you are able to pay this amount, please do so. Thank you.

TIER B — A subsidized rate (about 10%) for families whose children would not be able to attend camp otherwise. If you're unable to afford Tier A, please pay this amount. Thank you.

TIER C: OPEN DOORS — Families with a Total Household Income up to \$80,000 are eligible for enrollment. This option provides substantial financial assistance for families who qualify for greater support. Families fill out an application based on their Total Household Income and are provided assistance on a sliding scale. Applications can be found at CampIngersoll.org, by calling, or by visiting the YMCA.

THE MID FUND — Thanks to a generous donor we are able to provide funding for middle-income families through the Mid-Fund. This fund was created specifically for middle-income families who do not qualify for financial aid but still find it difficult to pay for camp, especially due to layoffs or unforeseen circumstances. Please contact our Camp Registrar, Amy Cardoza, for more information at 860-342-2267 or acardoza@midymca.org.



BEFORE AND AFTER CAMP CARE

AM and PM care is offered at Camp Ingersoll in Portland. Families register for AM / PM care together, or choose one or the other. Families drop off campers between 7 and 8:45 a.m. and pick up between 4:15 and 6 p.m. We provide morning and afternoon snacks. Please see page 7 for pricing info. **Before and/or After Camp Care at South Congregational Church is run through the Glastonbury YMCA. Call 860-633-6548 for details.**

LUNCH IS IN THE BAG!

YMCA Camp Ingersoll partners with Subway to make fresh, high-quality lunches available to campers. This convenient option is available by the session. Please see page 7 for pricing info. Menus are completed during online registration.

CONVENIENT PAYMENT OPTIONS

Please remember entire camp balances must be paid or scheduled prior to the start of the session.

AUTO CREDIT CARD OPTION — Provide us with credit/debit card information and we divide your balance into equal monthly payments we will automatically charge through August. This convenient plan allows you to spread your payments out more than our monthly billing plan.

MONTHLY BILLING — We will provide you with an even monthly payment schedule through June 1 and will send you monthly invoices that you can pay with check, MasterCard, Visa, Discover, or cash.

PAY IN FULL — Pay off the entire balance up front if you choose! We accept check, MasterCard, Visa, Discover, or cash.

2022 CAMP CHOICES

Preview Week: June 13-17
Session 1: June 20-July 1

Session 2: July 5-July 15 (no camp July 4)
Session 3: July 18-July 29

Session 4: Aug. 1-Aug. 12
Finale Week: Aug. 15-Aug. 19

CAMP	SESSIONS	GRADES	PRICE (\$)
Wee Wonders	1, 2, 3, 4	Pre-K or K	TIERED PRICING Tier A: \$502 Tier B: \$457
Kiddie Kamp	1, 2, 3, 4	Grade 1	
Youngers	1, 2, 3, 4	Grade 2 or 3	TIERED PRICING Tier A: \$497 Tier B: \$447
Middles	1, 2, 3, 4	Grade 4 or 5	
CIO1	1, 2, 3, 4	Grade 6 or 7	TIERED PRICING Tier A: \$502 Tier B: \$457
CIO2	1, 2, 3, 4	Grade 8 or 9	
CIT	1, 2, 3, 4 (2 Session Min.)	Age 14+	\$255
F.L.A.S.H. Camp: Traditional Camp Session 1: 6/20-6/24 or Session 4: 8/1-8/5	1, 4	Grade Pre-K - 9	\$265

SPECIALTY CAMPS

Specialty Camp Sampler	1, 2, 3	Grade 2-4	TIERED PRICING Tier A: \$567 Tier B: \$512
Little Dribblers Soccer	3	Grade 2-4	
Little Ballers Basketball	4	Grade 2-4	
Arts & Crafts	4	Grade 2-4	
Let's Dance	1, 3	Grade 2-6	
All Sports	1, 2	Grade 2-4	
Can We Build It? Yes We Can!	3	Grade 3-5	
STEAM	1	Grade 3-5	
Adventure Girls	2, 4	Grade 3-5	
Mega Fortbuilding	2, 3, 4	Grade 3-5	
Mountain Biking	1, 2, 3, 4	Grade 3-9	
Ingersoll Adventurers	1, 2, 3, 4	Grade 3-5	
Ninja Warrior	1, 2, 3, 4	Grade 3-5	
All Aqua	2	Grade 4-6	
Campfire Cooking	1	Grade 5-8	
Spikers Volleyball	4	Grade 6-9	
Fort Building	2, 3, 4	Grade 6-9	

TRAVELING SPECIALTY CAMPS

Horseback	1, 2, 3, 4	Grade 2-9	TIERED PRICING Tier A: \$712 Tier B: \$652
Fishing	1, 2, 3, 4	Grade 3-8	
Back to Basics: Adventure Camping	4	Grade 6-9	
Olders Adventure	1, 3	Grade 6-9	
Parkour	2, 4	Grade 6-9	
Horseback Experience	4	Grade 3-6	\$800

FINALE/PREVIEW WEEK		LOCATION	EXTENDED DAY PROGRAM: Available All Sessions		LOCATION
Preview / Finale Week	\$265	Camp Ingersoll	AM or PM	\$100	Camp Ingersoll
Extended AM & PM	\$110	Camp Ingersoll	AM & PM	\$185	Camp Ingersoll

SUBWAY LUNCHES: Sessions 1-4: 4" - \$87; 6" - \$97 Preview/Finale Week/FLASH Camp: 4" - \$47; 6" - \$52

WHEN MY CHILD WAS UNSURE OF THINGS, COUNSELORS MADE HIM FEEL WELCOMED AND INCLUDED HIM.

YMCA CAMP INGERSO

Specialty areas provide the perfect opportunity for campers to
Specialty areas are directed by trained and/or certified leaders who design their program
boating and archery are open during family nights and families can

ARCHERY

At Archery we emphasize the importance of safety, patience, and body control. Campers learn the proper stance, grip, draw and release to celebrate the success of hitting a bull's-eye. As campers improve, we adapt the environment to create new challenges and teach advanced skills.

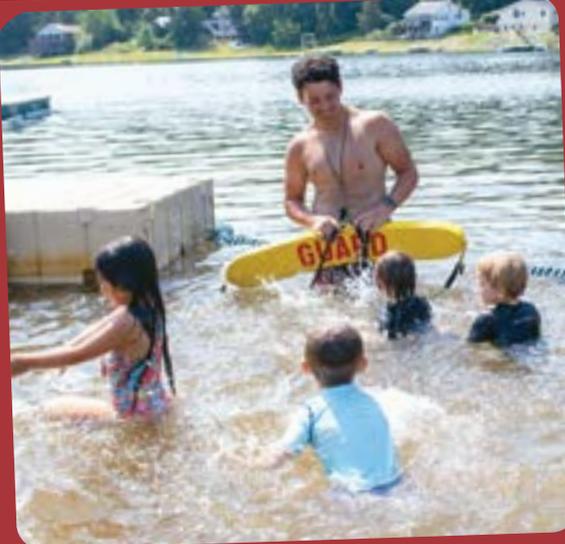


BOATING

Kayaks, paddle boards, and canoes provide a variety of learning opportunities at Boating. Fitting a life jacket, holding the paddles, and navigating are just a few of the skills your campers will learn from boating on Job's Pond.

SWIMMING

Our swimming zones accommodate beginner to advanced swimmers. Traditional campers become more confident and learn basic skills every morning during swim lessons. Job's Pond is the perfect place for campers to cool off, improve their skills, and have fun!



ALL: SPECIALTY AREAS

To learn skills, connect with friends, and of course, **HAVE FUN!** Counselors tailor activities to match the interests and skill levels of their groups. The Challenge Course, swimming, and nature activities allow campers to experience the challenge, success and camp excitement together.



Nature

Counselors lead their campers through prepared nature activities once a week. Campers conduct nature themed experiments and explore our 77 acres while learning how to identify plants and animals and how to become a steward of our natural world.

CHALLENGE COURSE

During the first week, the Course Director will guide groups through “low ropes” initiatives designed to challenge campers to work together, communicate effectively, and trust their peers. Campers create a supportive group that will enable them to overcome fears and reach new heights on our High Ropes Elements during the second week. Challenges are adapted to be age appropriate.



ARTS & CRAFTS

Each week at Arts & Crafts, campers will have the opportunity to express themselves in new and creative ways. The A&C director uses our Session Themes to plan and facilitate activities that capture the interests of each unit, challenge campers to use their imaginations, and utilize variety of materials to create a take-home masterpiece.

2022 BUS STOPS

*BUS SCHEDULE MAY BE ADJUSTED BEFORE 2022 SUMMER. IF SO, YOU WILL BE NOTIFIED VIA EMAIL. **BUSES MAY RUN 5-10 MINUTES LATE ON THE FIRST DAY OF EVERY SESSION. ***CAMPERS MUST USE THE SAME STOP FOR PICKUP AND DROP OFF

	AM	PM		AM	PM		AM	PM												
COLCHESTER Route 16 & 149	8:30	4:35	HADDAM Haddam Elementary	8:35	4:30	WETHERSFIELD Wethersfield Shopping Center	8:40	4:25												
CROMWELL Cromwell Middle School Pierson Park	8:15 8:25	4:55 4:35	MARLBOROUGH Elmer Thienes School	8:15	4:55	PORTLAND Gildersleeve Elementary Chatham Court	8:45 8:50	4:10 4:10												
DURHAM Allen Brook Park	8:15	4:50	MIDDLEFIELD Middlefield Com. Center	8:30	4:35	<div style="background-color: #f4a460; padding: 10px; border-radius: 10px;"> <p style="text-align: center; margin: 0;">PREVIEW & FINALE WEEK</p> <p style="text-align: center; margin: 0;">ONLY 2 BUS STOP OPTIONS AVAILABLE:</p> <p>MIDDLETOWN</p> <table border="0" style="width: 100%;"> <tr> <td>Moody School</td> <td style="text-align: right;">8:15</td> <td style="text-align: right;">4:30</td> </tr> <tr> <td>Middletown YMCA</td> <td style="text-align: right;">8:35</td> <td style="text-align: right;">4:10</td> </tr> </table> <p>GLASTONBURY</p> <table border="0" style="width: 100%;"> <tr> <td>Glastonbury High School</td> <td style="text-align: right;">8:25</td> <td style="text-align: right;">4:35</td> </tr> <tr> <td>South Congregational Church</td> <td style="text-align: right;">8:35</td> <td style="text-align: right;">4:20</td> </tr> </table> </div>			Moody School	8:15	4:30	Middletown YMCA	8:35	4:10	Glastonbury High School	8:25	4:35	South Congregational Church	8:35	4:20
Moody School	8:15	4:30																		
Middletown YMCA	8:35	4:10																		
Glastonbury High School	8:25	4:35																		
South Congregational Church	8:35	4:20																		
EAST HAMPTON Congregational Church	8:45	4:15	MIDDLETOWN East St. & West Lake Dr.	8:15	4:50															
GLASTONBURY Glastonbury High School Hopewell School South Congregational Church St. Dunstan's Church	8:25 8:30 8:40 8:30	4:40 4:35 4:15 4:30	Middletown YMCA Moody School Wesley School MacDonough School	8:35 8:40 8:15 8:45	4:20 4:20 4:35 4:10															
			ROCKY HILL West Hill School	8:30	4:40															



BUS POLICY

Bussing is a convenience to some families, but a necessity to others. We plan to enlist eight daily buses that will bring campers to and from Ingersoll. During registration, families will choose an AM and PM transportation option: bussing, AM or PM care, AM and PM Care, or parent pick up. The bus fee will be \$25, per camper, per session. The fee is waived for families that qualify for Tier C- Open Doors.

Riding the bus is a privilege. We will follow all COVID-19 protocols necessary when camp begins. Monitors will inform camp, and parents, of any issues on the bus (teasing, bullying, inappropriate language or touching, etc.). Constant behavioral issues, or substantial safety issues, will result in loss of bus riding privileges.

Bussing is available on a first come, first serve basis. Our primary method of communication about specific bus delays is the email you provide during registration. We also use our Facebook page to notify families if all buses are departing camp more than 5 minutes late. Below is a brief explanation of the bus policy that each of our bus monitors follow. **An extensive bus policy can be found in our Parent Handbook and Parent Agreement that must be signed during registration. You will be emailed a copy after you have completed registration.**

AM BUS: The check in procedure will be adjusted to reflect current COVID-19 requirements. We will introduce Bus Monitors (along with adjusted policies / procedures / expectations) via email prior to the first day of the session. They will arrive early (15 minutes) to the first stop on the first day of the session in order to complete the current bus procedure. Please note that morning buses leave the stop at the time listed on the pre-session email to make sure everyone arrives to camp on time.

PM BUS: The check-out procedure will be adjusted to reflect current COVID-19 requirements. **If parents would like change how their campers get home, they must provide a note, or call camp prior to 3 p.m.** Unless campers have written permission to "Wait Unattended", all campers must be signed off the bus by their parent / guardian or an approved emergency contact. All adults picking up campers should bring their photo ID with them every single day. Buses will only wait 5 minutes past the stop time. Parents will then have to pick up at the next stop or at Camp Ingersoll.

NEW AND IMPROVED AT INGERSOLL!

LEARNING FROM EXPERIENCE: We have learned from our experience over the last two years and are prepared to offer your campers the Best Summer Ever! We will continue to provide open and consistent communication to staff, camp families and our community. Information introducing bus monitors and leadership staff along with schedule changes or how to see camp pictures are sent via email. Please be sure to provide an email you check frequently upon registration. Too much information can be overwhelming; our goal is to make you and your campers more excited and comfortable when planning for this summer.

PROGRAMS: This summer offers more of what our campers want along with a brand new Specialty Camp for older campers!

1. Specialty Camp Sampler is now being offered for three sessions! Campers in grades 2-4 will try out a wide variety of specialty camps including Fort Building, Ninja Warrior, Sports, Arts & Crafts, and more!
2. Volleyball has arrived at Camp Ingersoll! Volleyball is for campers in grades 6-9. We will teach campers the skills they need to try out for their middle or high school teams. Skills will be learned through engaging activities and games which get campers moving and having fun!
3. Mountain Biking will be available to campers in grades 3-9 every session this summer. We have learned what worked well and how we can improve. Grades 3-5 and 6-9 are in separate groups and each group is limited to 12 campers. Counselors will focus on basic riding skills before advancing to more challenging tasks.

ONLINE REGISTRATION: Online Registration has been around for quite some time, but you will notice some differences this year:

1. Transportation is not listed in the family screen. You will have to register for a transportation option: pick up/drop off, AM/PM Care at Camp, or a bus stop. This will be in the same section as registering for your camp options.
2. AM/PM Care is only available at YMCA Camp Ingersoll in Portland. Families may register for AM or PM care independently this summer. Please be sure to pick another option if you are only registering your camper for either AM or PM care.

CO-ED F.L.A.S.H. (FRIENDS, LEARNING, ADVENTURE, SKILLS, HALF SESSION) CAMP: F.L.A.S.H. camp gives families the opportunity to register for a 1 week co-ed camp session during the first week of sessions 1 and 4. F.L.A.S.H. Camp is the perfect opportunity to introduce co-ed groups to the Younger and Middle units! Families register for FLASH Camp specifically; it is not a split session.

OUTDOOR CENTER (OC) MEMBERSHIP: Last summer, more families joined the Outdoor Center than ever before. For \$125, gain access to camp all year round including swimming and boating on summer weekends, 50 percent discount on Birthday Parties, fishing, hiking, Slidezilla, mountain biking trails and more! Sign up during camp registration and we'll wave the \$20 summer membership fee.

FRIENDS OF INGERSOLL: Thanks to our Friends of Ingersoll contributors, our Climbing Wall has been completely refaced and updated! Camp has given so much over the years: memories, skills, and opportunities. Give back to camp and ensure the magic continues by donating to the Friends of Ingersoll Fund! Learn more at campingersoll.org.



●●●SPECIALTY CAMPS●●●



ARTS & CRAFTS (entering grades 2-4): Drawing, painting, crafts, larger scale art projects, and more are offered throughout the session as campers explore their interests and learn new skills.

STEAM CAMP (entering grades 3-5): Designed to immerse campers in the exciting principles of Science, Technology, Engineering, Art and Math; campers have fun, make friends, and think creatively while they participate in planning, building, and carrying out daily experiments.

LET'S DANCE CAMP (entering grades 2-6): Learn basic dance routines and choreography. Both beginners and experienced dancers combine different genres of dance to put on a stage performance at Family Night.

SPIKERS VOLLEYBALL (entering grades 6-9): We will use skill-based games and activities to give campers the experience and development they need to try out for their middle / high school teams or have fun playing an exciting sport with friends! Campers will spend time

every day on refining skills and having fun. This camp will spend time on both grass and sand courts.

MOUNTAIN BIKING CAMP (entering grades 3-9): A fun and instructional introduction to the world of Mountain Biking! Campers will learn riding techniques, bike maintenance, trail etiquette, biker safety, and have tons of fun along the way. This summer, Bikers will be separated into two independent camps based on age.

CAN WE BUILD IT, YES WE CAN (entering grades 3-5): Imagine, design, create and compete using Legos®! Learn the tricks of the Lego® trade needed for creative builds, team builds, and a variety of challenges (car races, tallest towers, strongest bridges and more!).

NINJA WARRIOR (entering grades 3-5): Participate in exciting challenges, training regimens, and camp activities to gain strength, agility, speed, stealth and honor! Campers are in for a session of high-action adventures as they develop and become their own Ninjas by the end of the session. Includes one-time trip to Trix Dynamix Facility.

INGERSOLL ADVENTURERS (entering grades 3-5): An introduction to shelter building, fire starting, knot-tying, orienteering, and more. Includes a field trip canoeing down the Farmington River and a day trip hiking off-camp.

CAMPFIRE COOKING: (entering grades 5-8): Grab your apron and let's get cooking! Campers cook daily while learning about safety, technique, nutrition, and essential tips for making new and classic outdoor cooking treats.

FORT BUILDING (entering grades 6-9): Construct real tree forts with counselor-led instruction on using more advanced tools and power equipment while continuing to practice the skills of using hand saws, hammers, and other basic tools to take the fort building creation to the next level, all while making friends, working together, and gaining a better understanding of construction.

MEGA FORT BUILDING (entering grades 3-5): Construct real tree forts with instruction on using hand saws, hammers, and other basic tools while making friends, working together, and gaining a better understanding of construction.

ALL SPORTS (entering grades 2-4): A fun and instructional introduction to all things sports! With an emphasis on teamwork and good sportsmanship, campers will play the classics (soccer, football, basketball, volleyball) as well as some new and exciting non-traditional games.

ALL AQUA (entering grades 4-6): Extended swim instruction, long pond swims, more boating and creative water games help campers become more comfortable and confident in the water. Includes a canoeing field trip.

SPECIALTY CAMP SAMPLER (entering grades 2-4): Campers are introduced to at least five different Specialty Camps! Try out a wide variety of camps including Fort Building, Ninja Warrior, Sports, Arts & Crafts and more!

ADVENTURE GIRLS (entering grades 3-9): An introduction to outdoor adventures, shelter building, fire starting, knot-tying, orienteering, and more; all within a group of strong young girls!

LITTLE DRIBBLERS SOCCER (entering grades 2-4): Campers develop into strong soccer players through age-appropriate instruction and skill clinics all while having fun, working as a team, and making friends.

LITTLE BALLERS BASKETBALL (entering grades 2-4): Recreational fun and skill development in a progressive goal-oriented program that also focuses on friendship, teamwork, and sportsmanship.

HORSEBACK EXPERIENCE (entering grades 3-6): Campers are transported to Hunter's Run Stables every afternoon during the session where they focus on learning new skills while honing existing skills. Prior experience is required for this advanced program which can be gained by participating in an earlier Horseback session.

BACK TO BASICS: ADVENTURE CAMPING (entering grades 6-9): Campers face challenges together on the low/high ropes course and continue to achieve new heights during a series of day trips including rock climbing, canoeing, hiking, and more. Includes campout at Ingersoll the 1st Thursday and Canoe/Campout at Seldon's Neck Island on the CT River the second Thursday of the session.

OLDERS ADVENTURE (entering grades 6-9): For older campers looking for more adventure and



excitement, this camp focuses on creating opportunities to bond with new friends while enjoying time spent off-camp on field trips including Nomads Outdoor Adventure Quest, bowling, and mini golf.

FISHING (entering grades 3-8): Learn skills through instruction, challenges, and practice at Jobs Pond and other local hot spots. (5 field trips per session, including a deep sea fishing trip.)

HORSEBACK (entering grades 2-9): High quality half-day lessons every Monday, Wednesday and Friday in riding and grooming at Hunter's Run in Glastonbury (campers are transported via bus). While not at Hunter's Run, campers are at Ingersoll participating in camp activities that build relationships, teach values, and make memories!

PARKOUR CAMP (entering grades 3-8): Campers are transported to Trix Dynamix three days a week where they will work with trained professionals to improve their Parkour skills of running, jumping, climbing, balancing, and more. Complete with team building challenges, positive reinforcement, and a love for movement that you can't find anywhere else.

**FOR MORE INFO, PLEASE VISIT OUR WEBSITE AT
CAMPINGERSOLL.ORG
OR CONTACT US AT 860-342-2267**

PARENT COMMUNICATION

We strive to provide families with all the information needed for our campers to have a successful summer. We have learned that among uncertainty, consistent and intentional communication alleviates much of the anxiety and concern over sending kids to camp. We will continue to give regular updates around the status of this summer, especially as we get closer to spring and summer. Here are a few ways we communicate with parents:

EMAILS: We use email as our primary method of communication, including bus information/delays, start of the session information including the theme calendar, and policy or procedure adjustments. Be sure that your current email is on file during registration.

ONLINE: Our website, www.campingersoll.org, contains useful information about YMCA Camp Ingersoll, your camper's day, and printable forms such as physicals, medication administration, and our parent handbook. Be sure to join YMCA Camp Ingersoll on Facebook and Instagram for photos and camp news.

WALDO PHOTOS: We upload camp photos to waldophotos.com/@ymcacampingersoll (password: ingersoll21). Families cannot only see these pictures, but they can download high resolution files and even order prints!

COUNSELOR PHONE CALLS: All families receive a phone call from our counselors introducing themselves and answering any general camp questions you may have. These calls will take place on the second day of every session, during the camp day, and may come from a private number. We understand some parents may be busy. Counselors will try to leave messages on your voice mail (if your voice mail is set up and not full), are available on Family Nights, and may be available on their break periods if you make a return call to camp at 860-342-2267.

PROGRESS SHEETS: Our Wee Wonder and Kiddy Kamp campers take home daily progress sheets. In an effort to provide consistent communication to families with older campers, all other camp units will take home progress sheets on Fridays. They will communicate which activities campers took part in and highlights of the week.



FREQUENTLY ASKED QUESTIONS

1. HOW DO I REGISTER?

Online registration at CampIngersoll.org is the best. Please read **ALL** directions at the beginning of **EVERY** step and your camper will be registered in no time. Contact camp for paper registration.

2. WHAT SHOULD MY CAMPER BRING EACH DAY?

Campers **must** bring closed-toed shoes/sneakers; reusable water bottle; towel; swimsuit; sunscreen; lunch; backpack; and a change of clothing. **PLEASE LABEL ALL ITEMS!**

3. CAN MY CAMPER HAVE A PHONE AT CAMP?

We understand why parents may want their campers to have phones. **Electronics cannot be used at camp**, but campers can keep phones in their bags. Our counselors provide engaging and varied activities for all campers which focus on social interactions, relationship building, and positive engagement. If phones are seen at camp counselors first ask campers to put them away and eventually move to keep the phone in the office until a parent can pick it up.

4. CAN I PICK MY CHILD UP EARLY?

Parents must notify camp prior to 3:00. Please pick your camper up **BEFORE 3:15 p.m. or at Parent Pickup at**

4 p.m. Children will only be released to individuals with a **valid photo ID** and listed on the registration form. Campers **MUST** be signed out.

5. WHAT IF MY CAMPER NEEDS MEDICATION?

Complete and submit the "Authorization to Administer Medication" form. Forms are available online and by request. Medications must be in original, labeled container

6. DO YOU APPLY SUNSCREEN AT CAMP?

Sunscreen should be applied by parents in the morning. Counselors will help reapply after each swim session and lunch if the parent provides it.

7. HOW CAN I FIND LOST CAMP ITEMS?

The most successful method of finding lost items is being preemptive in **labeling ALL items (first and last name) that come to camp with a permanent marker**. Those items will be returned to campers during opening or closing ceremonies. Other, non-labeled, items will be displayed at the amphitheater to be claimed (**most non-labeled clothes are never claimed and therefore, donated at the end of the session**).

FREE EVENTS FOR ALL FAMILIES

FAMILY NIGHTS – Family Nights made a return to Camp Ingersoll last summer and we believe they will be here to stay! We will be hosting a Family Night on the first Thursday of sessions one, two, and three and on the second Thursday of session 4. Families may attend any Family Night throughout the summer! Starting at 6:15, families enjoy the freedom of an Open Camp setting with boating, archery, swimming, ropes and so much more. At 7:45 our activity areas begin to close and families are invited to join our staff at the amphitheater for an introduction to our leadership team, a performance, a catchy sing-along to our Inger-Song and a walk through the “Tunnel of Love.”

We emphasize our Camp Family because we believe being part of a strong and supportive family is essential to our maturation, growth and understanding of the world we live in. Family nights also provide an opportunity for parents to meet counselors and leadership staff, see campers interact with their new friends and experience what Ingersoll has to offer. We continually strive to improve our family night, but are confined by our After Camp and busing schedule along with bed times!

Camp Ingersoll is committed to providing opportunities for families to spend time together. Most of our monthly events are free for all families and do not require registration. You can find more information on the Upcoming Events page at campingersoll.org.



FAMILY HIKE & FIRE BUILDING

Saturday, March 26 • 2 to 4 p.m.

VOLUNTEER DAY

Saturday, April 9 • 10 a.m. to 2 p.m.

FAMILY CLIMB DAY

Saturday, April 16 • 2 to 4 p.m.

OPEN HOUSE AND HEALTHY KIDS DAY

Saturday, May 7 • 2 to 4 p.m.

FAMILY FISHING DERBY & MOVIE NIGHT

Friday, May 20

Fishing Derby 5:30 to 7:30 p.m.

Movie starts at 8 p.m.

FAMILY BIRTHDAY PARTIES OR GROUP RENTALS AVAILABLE!

Plan your next adventure at
YMCA Camp Ingersoll



NORTHERN MIDDLESEX YMCA
99 Union Street, Middletown, CT 06457
860-342-2267 • www.campingersoll.org

YMCA CAMP INGERSOLL

94 Camp Ingersoll Road, Portland, CT 06480
860-342-2267



Scan this code for
an inside look at
YMCA Camp
Ingersoll

CAMP INGERSOLL PLEDGE

I pledge to everyone today,
To do my best in every way.
I'll care for others, be honest and kind,
I'll strengthen my body, heart, and mind.
I'll accept challenges big and small,
I pledge my heart to Camp Ingersoll!



Like us on Facebook for
the latest news and pictures!

We can't wait for you to join our Camp Family this summer!

